



Family Process Institute, Inc.

www.FamilyProcess.org

BIOGRAPHY

Frederick S. Wamboldt, MD

Fred Wamboldt is a Professor Emeritus of Medicine at National Jewish Health and Professor Emeritus of Psychiatry at the University of Colorado School of Medicine.

His clinical practice was at National Jewish Health where he specialized in patient-centered, family- friendly psychosocial interventions for those suffering from chronic cardiopulmonary illness.

As Co-Director of the Center for Health Promotion at National Jewish Health he led a very active research program with three major areas of emphasis, all of which examine individual, family and/or social processes in the context of stress, typically chronic cardiopulmonary illness. First are observational and interventional studies examining biopsychosocial factors influencing treatment adherence and outcomes in patients and families dealing with chronic cardiopulmonary illness. Second are community-based projects, in particular studies aiming to reduce health disparities within low-income, racial/ethnic minority, and/or isolated rural communities. Third are projects evaluating systems change within healthcare practices as well as related public health policy.

He also has had the very good fortune to have mentored many very talented clinical researchers across his career.