BIOGRAPHY

Justin A. Lavner, PhD

Justin Lavner is an Associate Professor in Department of Psychology at the University of Georgia. His research aims to understand and improve family health and well-being, particularly among underserved and marginalized populations. Specifically, his work examines (1) how and why relationships change; (2) the effects of minority and contextual stressors such as racial discrimination, financial strain, and sexual stigma on individual and family functioning and the protective factors that buffer these effects; and (3) preventive interventions to strengthen relational, physical, and mental health among couples and families. He was an Associate Editor for the Journal of Family Psychology and serves on the editorial boards for a number of other journals, including Family Process, the Journal of Marriage and Family, the Journal of Personality and Social Psychology, and the Journal of Social and Personal Relationships. He received his Ph.D. in Clinical Psychology from UCLA and completed his clinical internship at the University of California, San Diego / Rady Children’s Hospital. He is a licensed psychologist in Georgia.