



Family Process Institute, Inc.

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BIOGRAPHY

Monica Sesma Vazquez, PhD, RSW, RMFT-SM (She/Her/Ella)

Dr. Sesma Vazquez is a social constructionist-oriented social worker, family therapist, educator, supervisor, and researcher with more than 25 years of experience. She is a Mexican Mestiza who lives in the traditional territories of the Niitsitapi (Blackfoot Confederacy) and Treaty 7 region in Southern Alberta, Canada. Monica is an Assistant Professor and the Academic Coordinator of the Post-Masters in Couple and Family Therapy Program at the Faculty of Social Work, University of Calgary. She works at the Eastside Community Mental Health Services and the Calgary Family Therapy Centre as a family therapist, researcher, and supervisor. She is the Research Coordinator of the Calgary Family Therapy Centre. Monica is currently a Board Member of the Canadian Association for Marriage and Family Therapy (CAMFT), past Board Member of the American Family Therapy Academy (AFTA), and the Taos Institute. Her current clinical and research interests focus on relational and systemic work with undeserved communities. Monica research focuses on mental health and well-being of children and their families, and immigrants, refugees, and newcomers' issues. Monica has received teaching and supervision awards from the Faculty of Social Work, University of Calgary and has raised more than 1.2 million CAD from different sources for her research programs.