



Family Process Institute, Inc.

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BIOGRAPHY

Justin A. Lavner, PhD

Dr. Lavner is a Professor and Director of Clinical Training in the Department of Psychology at the University of Georgia. His research aims to understand and improve family health and well-being, particularly among underserved and marginalized populations. The author of more than 125 publications, his work examines (1) how and why relationships change; (2) the effects of minority and contextual stressors such as racial discrimination, financial strain, and sexual stigma on individual and family functioning and the protective factors that buffer these effects; and (3) preventive interventions to strengthen relational, physical, and mental health among couples and families. He was an Associate Editor for the *Journal of Family Psychology* and serves on the editorial boards for a number of other journals, including *Family Process*, the *Journal of Marriage and Family*, the *Journal of Personality and Social Psychology*, *Child Development*, and the *Journal of Family Theory & Review*. He received his Ph.D. in Clinical Psychology from UCLA and completed his clinical internship at the University of California, San Diego / Rady Children's Hospital. He is a licensed psychologist in Georgia.